

How to help me in a crisis:

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For more information on PADs:

Crisis Navigation Project: CrisisNavigationProject.org

National Resource Center on PADs: NRC-PAD.org

NC Secretary of State Advance Directive Registry:
SOSNC.gov/divisions/advance_healthcare_directives

NAMI NC: NamiNC.org

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I have a Psychiatric Advance Directive (PAD)

My PAD is a legal document that communicates my preferences for mental health treatment in a crisis.

This card provides summary information from my PAD.



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Name: _____

Phone: _____

Psychiatrist: _____

Phone: _____

PCP: _____

Phone: _____

MH Provider: _____

Phone: _____

My emergency contacts:

I have a health care agent who can speak for me:

Yes No

HCA Name: _____

Phone: _____

Other: _____

Phone: _____

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Phone: _____

Hospital Preference:

Treatment Preferences:

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Phone: _____

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